

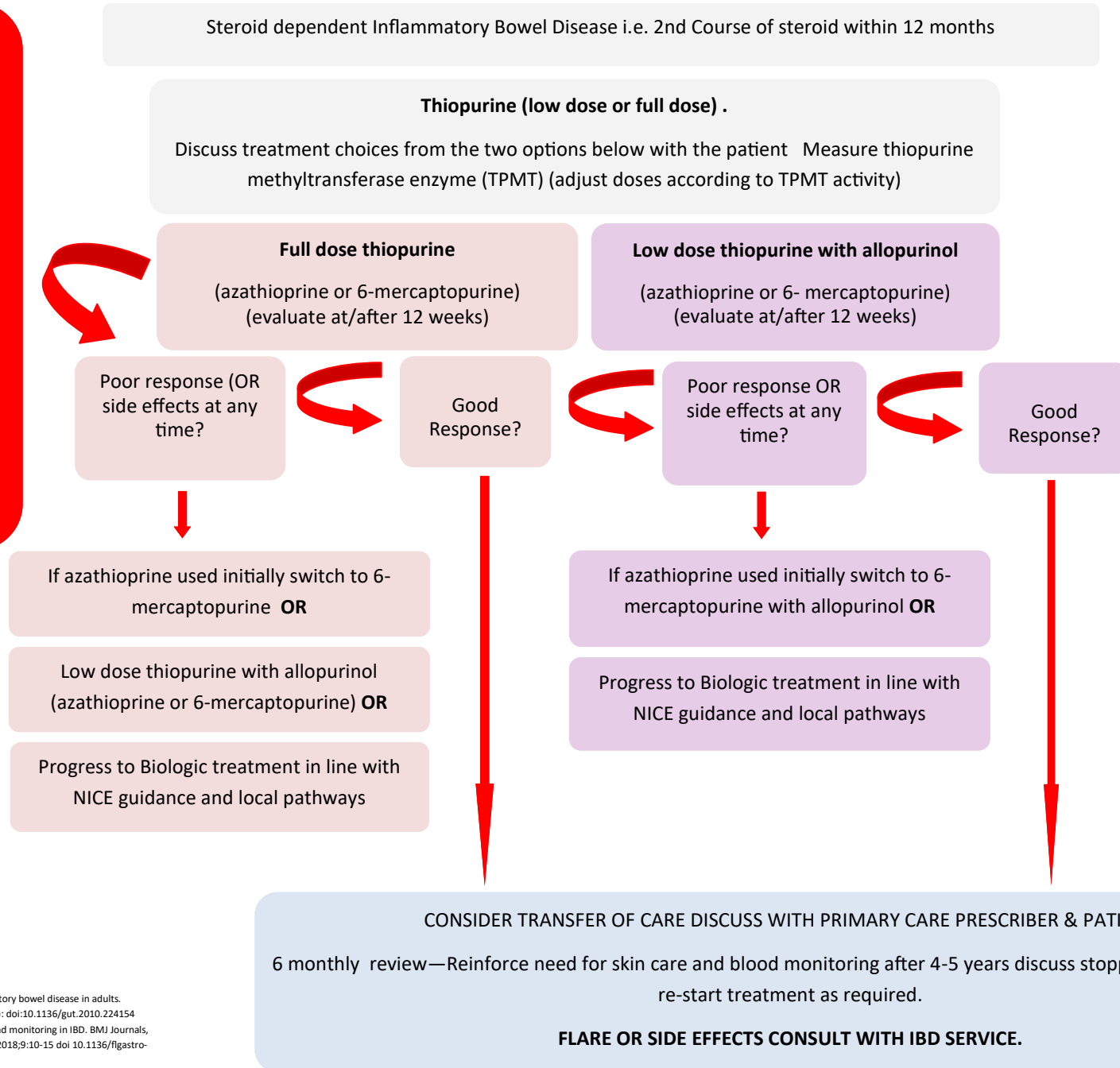
# Inflammatory Bowel Disease (Ulcerative Colitis) - Pathway 3 - Immunosuppressants for use in Adults

**Acute/Severe** - Admit for intravenous hydrocortisone, if no response start intravenous ciclosporin or TNF-alpha inhibitors (if ciclosporin contra-indication, intolerance or clinically inappropriate) .

For ciclosporin responders continue oral ciclosporin/tacrolimus then add in thiopurines for maintenance.

For TNF-alpha responders already on thiopurines (or intolerant) continue TNF-alpha inhibitors for 1 year.

Progressing to oral tacrolimus or TNF-alpha inhibitors plus Thiopurine for maintenance



## References:

1. Guidelines for the management of inflammatory bowel disease in adults. Mowat C, Cole A, Windsor A et al. Gut (2011); doi:10.1136/gut.2010.224154
1. A practical guide to thiopurine prescribing and monitoring in IBD. BMJ Journals, Warner B et al.. Frontline Gastroenterology 2018;9:10-15 doi 10.1136/flgastro-2016-100738